# Kayak Camping Checklist

## Kayak Equipment:
- Paddle
- Spare Paddle
- Sprayskirt
- Cockpit Cover
- PFD
- Compass, GPS
- Bilge Pump
- Rescue Float
- Tow/Throw Line
- Gloves/Pogies
- Sponge & Bailers
- Sea Anchor/Drogue
- Paddle Leash
- Deck Bag
- Large Duffle Bag
- Safety Knife
- Helmet
- Dry Bags

### Signaling:
- Whistle
- Flares
- Smoke Canister
- Mirror
- Air Horn
- Strobe Light
- EPIRB

### Navigation:
- Waterproof Chart Case
- River Guide
- Binoculars
- VHF Radio
- AM/SW Radio
- Navigation Charts
- Topo Maps
- Road Map
- Current & Tide Table

## Camping Equipment:
- Camp Gloves
- Handkerchief
- Rubber boots
- Rain Gear
- Neoprene vest/top/bottom
- Camp Chair
- Headlamp
- Shade Canopy
- Sleeping Bag
- Pillow
- Saw
- Shovel
- Lantern
- Fire Tray
- Fire Starter/Logs
- Table

### Repair Kits:
- Tent
- Thermarest

## Clothing:
- Paddling Jacket/Pants
- Footwear/Sandals
- Bathing Suit
- Socks
- Vest
- Hiking/walking shoes
- Camp Shoes

## Synthetic Clothing
- T-shirts
- Long Sleeve
- Pants
- Shorts
- Underwear
- Pile Jacket/Pants

## Hats:
- Shade
- Pile

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## Cooking:
- Windscreen
- Stove
- Fuel
- Cups
- Plate & Bowl
- Pots/Pans
- Pot Lifter
- Fire Pan
- Fire grate
- In the Mess Kit
- Scouring Pad

## First Aid:
- Ace Bandage
- Butterfly Bandages
- Asst. Sized Bandages
- Snake Bite Kit
- Moleskin
- Eyedrops

## Medication:
- Ibuprofen (Advil)
- Tylenol/Motrin
- Antifungal Cream
- Antiseptic Wipes
- Antidiarrheal
- Aspirin
- Painkiller
- Antibiotic
- Antihistamines
- Painkillers
- Anti-inflammatories
- Antacids
- Cold & Allergy Medications
- Painkillers
- Antimicrobial
- Anti-inflammatory
- Antihistamines
- Painkillers
- Antimicrobial
- Antihistamines

## General Repair/Tool Kit:
- Knife
- Utility (Leatherman)
- Duct Tape
- Epoxy Putty
- Superglue
- Caulking
- Aquaseal
- Spare Items:
- Rudder, Cables, Crimps

## Toiletries/Personal:
- Sunglasses
- Croakies
- Watch w/Alarm

### Personal Kit:
- Toothbrush - small
- Toothpaste
- Mouthwash
- Comb/Brush
- Chapstick
- SeaSoap
- Washcloth
- Ear Plugs
- Nail Polish Remover
- Nail Clipper
- Cough Drops
- Tums
- Talc Powder
- Hand/Body Lotion
Emergency Items:
___Candle
___Waterproof Matches
___Emergency Blanket
___Rain Poncho
___Personal Shelter

Xtra Items:
___Backup Stove
___Stove Fuel
___Cord, Rope, Tarps
___Batteries
___Flashlight
___Matches
___Set of dry cloths
___Xtra Meal(s)

Food/Water:
___Water - 1 Gallon Per Day
___Water Purification Tables
___Water Purifier
___Water Bottles
___Water Bags
___Collapsible Bucket

Fishing Gear:
___Fishing Pole
___Bait
___Tackle Box
___Line
___Speargun
___Fillet Knife

Snorkeling Gear:
___Full Wet Suit/Hood
___Facemask
___Snorkel
___Fins
___Gloves

Nice to Have:
___Binoculars
___Camera
___Film
___Small Tripod
___Writing Materials

___Reading/Books
___Games
___Sunshower
___Wash Basin
___Kite
___Clothsline/pins

Dump Kit:
___Small spade/hand trowel - for digging holes
___Toilet Paper (re-rolled, coreless in a small ziplock baggie)

For “Pack it Out” Situations:
___Porta Potty or
KR Technique: * keep Dump kit handy at all times: dig small hole; split and lay plastic bag in hole; aim for bag; sprinkle some bleach; lift out bag with TP and put into another bag; tie off bag tightly; put into very big bag and tie off big bag tightly; put that one far away or in a special dry bag meant for only that purpose.

___3+ very large (10+ gal) heavy duty plastic bags (for carry and storage)
___Powdered bleach in small bottle (to put in with the poop)
___Many large Plastic bags and ties (two for each poop and TP)
___Rubber band tie to kit bag

Before Heading Out

1. Equipment Check:
   - Car
   - Kayaking
   - Camping
   - First Aid
   - Repair kits

2. Leave Trip Plan With Family/Friends